



**Name:** Anne O'Keefe

**Tell us about yourself:** I am very happily retired, almost 5 years now and I can't believe it's as good or better than I thought it would be! I've lived in Kelowna 30 years now and I love it here, especially the lake – I love the water, sailing, kayaking, canoeing... it's all good!

**What year did you dance?** 2010

**What was your style of dance and why did you choose that one?** We started with country and moved onto rock/jive kind of thing. We were going to only do the rock/jive style, but my dance partner Tom Selzler heard another couple were doing jive, so we changed it up a little.

**How did you first learn about Swinging with the Stars?** Through my work at Hospice House, working closely with the volunteer coordinators.

**What is your favourite memory from your performance?** I think the actual dancing! I remember I made a mistake in our routine, very early on – but as the wonderful Tom said – no one knew, because no one knew what the routine was meant to be!

**Are you still dancing today?** Funnily enough, before I danced, I was positive I would enjoy taking dance lessons with my husband. He was equally sure he would not! What I discovered in this experience, is that I don't actually like having prescribed dance moves! I much prefer being on the dance floor doing my own thing!

**What backstage moments stand out to you today?** I think how supportive all the teams were. We all watched each team dance and gave lots of cheers and applause when they came back to the "green" room!

**Has this experience inspired you to do other life changing things?** Just to live your life as best you can, take adventure when you find it.